



PINECAY

BREAKFAST MENU

S E R V E D D A I L Y

From 7:30 am to 9 : 3 0 am

HOMEMADE GRANOLA

Greek Yogurt, Tropical Fresh Fruits, Raisins, Honey, Sunflower & Pumpkin Seeds

CAY CHIA PUDDING

Coconut Milk, Flax Seeds Tropical Fruits & Almond Milk

ORGANIC OMELETTE

Free-Range Eggs, Bacon, Peppers, Tomato, Onions & Scallions

CAUSERINA'S TOAST

Multigrain Bread, Pickled Shallots, Avocado, Feta Cheese & Two Poached Eggs

LOBSTER & GRITS

Local Lobster, Bacon, Parmesan, Tomato & Scotch Bonnet

BREAKFAST SANDWICH

English Muffin, Sliced Virginia Ham, Tomatoes, Fried Egg & Sharp Cheddar

HIGH TIDE CHILAQUILES

Crispy Corn Tortillas, Guajillo Red Adobo Sauce, Two Fried Eggs, Guacamole & Feta Cheese

SAND DOLLAR PANCAKES

Homemade Batter, Bananas & Blue Berries

SCRAMBLED EGGS ON TOAST

Avocado, Smoked Salmon, Arugula & Whole Wheat Bread

FRESHLY BAKED PASTRIES

Assorted Homemade Pastries, Apple Butter & Jams

POACHED EGGS

Roasted Potatoes, Charred Onion, Okra & Romesco

PINE CAY WAFFLE

Sunny Side Up Eggs, Scallions, Manchego, Bacon & Maple Syrup

TROPICAL FRUIT BOWL

Seasonal Fresh Fruit

Homemade Sourdough Breads: White , Whole Wheat, Multigrain
Gluten Friendly Bread Available or Corn Tortillas